

AMY WENZEL, PH.D., ABPP
CURRICULUM VITAE

**UPDATED 11.06.2022*

CONTACT INFORMATION

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Twitter: @dramywenzel
LinkedIn: <https://www.linkedin.com/in/amy-wenzel-ph-d-abpp-3089333a/>

EDUCATION

Psychology Residency
2000-2003
Family Institute, Grand Forks, ND
Specialty in Evidence-Based Adult Outpatient Treatment

Ph.D.
2000
University of Iowa, Iowa City, IA
Clinical Psychology

Predoctoral Internship
1999-2000
University of Wisconsin Medical School, Madison, WI
General Psychology Track

M.A.
1996
University of Iowa, Iowa City, IA
Clinical Psychology

A.B. with Honors
1994
Duke University, Durham, NC
Psychology, Religion

PROFESSIONAL POSITIONS

Founder and President 2008-Present	<i>Wenzel Consulting, LLC</i> <u>Specialties:</u> Treatment, training, consultation, supervision, and scholarship in cognitive behavioral therapy (CBT), with foci on perinatal psychology, anxiety disorders, depression, suicide prevention, the therapeutic relationship, and advanced innovative strategies in CBT
Clinical Founder and Director 2019-Present	<i>Main Line Center for Evidence-Based Psychotherapy, Bryn Mawr, PA</i> <u>Description:</u> Treatment center with multiple clinicians that specializes in the delivery of evidence-based psychotherapeutic approaches, including but not limited to CBT, exposure therapy, Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Mindfulness-Based Cognitive Therapy (MBCT), and Interpersonal Psychotherapy (IPT) for adult and adolescent clients with depression, anxiety, personality disorders, and adjustment problems in individual, intensive individual, couples, and family session formats
Licensed Psychologist 2010-Present	<i>Dr. Amy Wenzel, Clinical Psychologist, Bryn Mawr, PA</i> <u>Specialty:</u> Treatment of adult and adolescent clients with a broad range of emotional, behavioral and/or adjustment problems using evidence-based treatments
Affiliate 2010-Present	<i>The Postpartum Stress Center, Rosemont, PA</i> <u>Specialty:</u> CBT for perinatal distress
Director, Hope & Resiliency Clinic 2008-2010	<i>The Center, King of Prussia, PA</i> <u>Specialty:</u> Suicide prevention
Licensed Psychologist 2005-2010	<i>The Center, King of Prussia, PA</i> <u>Specialties:</u> Treatment of adult and adolescent clients with a broad range of emotional, behavioral and/or adjustment problems using evidence-based treatments
Licensed Psychologist Director, Shyness Mastery Clinic 2003-2004	<i>Family Institute, Grand Forks, ND</i> <u>Specialties:</u> Adult and adolescent anxiety and depression; CBT

Academic

Clinical Assistant Professor 2010-2019	University of Pennsylvania, Philadelphia, PA Department of Psychiatry
Clinical Associate 2008-2010	University of Pennsylvania, Philadelphia, PA Department of Psychiatry
Research Assistant Professor 2005-2008	University of Pennsylvania, Philadelphia, PA Department of Psychiatry
Research Associate 2004-2005	University of Pennsylvania, Philadelphia, PA Department of Psychiatry
Visiting Professor Fall 2003	American College of Norway, Moss, Norway
Assistant Professor 2000-2004	University of North Dakota, Grand Forks, ND Department of Psychology

Other

Adjunct Faculty 2011-Present	Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA
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LICENSURE

Commonwealth of Pennsylvania (License #PS015680; 2005-Present)
State of North Dakota (License #365; Inactive)

HONORS AND AWARDS

2019	<i>Choice Outstanding Academic Title (Encyclopedia of Abnormal and Clinical Psychology)</i>
2015	Inaugural Fellow, Association for Behavioral and Cognitive Therapies
2014	Certified Trainer-Consultant, Academy of Cognitive and Behavioral Therapy
2012	Diplomate, American Board of Professional Psychology (ABPP)
2007-2008	NIH Loan Repayment Program Renewal (\$15,236.08)
2005-2007	NIH Loan Repayment Program (\$28,177.81)
2006	Young Investigator Award, National Alliance for Research on Schizophrenia and Depression
2004	Summer Research Institute in Suicide Prevention; Level II Participant, University of Rochester Center for the Study of Suicide Prevention
2001, 2003	University of North Dakota Summer Graduate Research Professorship
2001, 2003	Senate Scholarly Activities Travel Award, University of North Dakota

2001	Research Proposal Writing Fellowship, University of North Dakota
2000	Trainee Travel Award, Anxiety Disorders Association of America
1999	Dissertation Award, American Psychological Association
1999	Dissertation Award, Association for Advancement of Behavior Therapy
1998	Dissertation Grant, Society for the Science of Clinical Psychology
1998	Joseph Matarazzo/COGDOP Graduate Research Scholarship in Psychology, American Psychological Foundation
1997	Student Government Research Grant, University of Iowa
1997	Department of Psychology Tuition Fellowship, University of Iowa
1997	Student Travel Award, American Psychological Association
1996, 1999	Elsie Ramos Student Research Award, Association for Advancement of Behavior Therapy
1995-1999	Fifteen travel awards, Various Sources, University of Iowa
1994	University Service Award, Duke University
1994	Summa Cum Laude, Duke University
1994	Phi Beta Kappa, Duke University
1994	Karl E. Zener Award for Excellence in Psychology, Duke University
1994	William J. Griffith University Service Award, Duke University
1993	Golden Key National Honor Society, Duke University
1992	Research Experiences for Undergraduates, National Science Foundation

PROFESSIONAL AFFILIATIONS

Academy of Cognitive and Behavioral Therapies
American Association of Suicidology
American Board of Professional Psychology
American Psychological Society
Anxiety and Depression Association of America
Association for Behavioral and Cognitive Therapies
International Association for Cognitive Psychotherapy
The International Marcé Society for Perinatal Mental Health
National Speakers Association
Pennsylvania Psychological Association (Fellow)
Philadelphia Behavior Therapy Association
Psychologists for Social Responsibility
Society for the Science of Clinical Psychology

SCHOLARLY WORKS

Authored Books

1. Wenzel, A. (under contract). *Cognitive behavioral therapy for perinatal mental health disorders: A clinical guide*. Routledge.

2. Wenzel, A. (under contract). *Therapeutic relationship-focused cognitive behavioral therapy*. American Psychological Association.
3. Kleiman, K., Wenzel, A., Waller, H., & Adler, A. (2021). *Dropping the baby and other scary thoughts: Breaking the cycle of negative unwanted thoughts in motherhood (2nd ed.)*. Routledge.
4. Wenzel, A. (2019). *Cognitive behavioral therapy for beginners: An experiential approach*. Routledge.
5. Wenzel, A. (2017). *Innovations in cognitive behavioral therapy: Creative interventions for strategic practice*. Routledge.
 - Portuguese translation: Wenzel, A. (2018). Porto Alegre, Brazil: Grupo A Educação S.A.
6. Wenzel, A., Dobson, K. S., & Hays, P. (2016). *Cognitive behavioral therapy techniques and strategies*. American Psychological Association.
7. Wenzel, A., with Kleiman, K. (2015). *Cognitive behavioral therapy for perinatal distress*. Routledge.
 - Japanese translation: Wenzel, A., with Kleiman, K. (2018). *Cognitive behavioral therapy for perinatal distress*. Tokyo, Japan: Nippon Hyoronsha Co Ltd.
8. Wenzel, A. (2014). *Coping with infertility, miscarriage, and neonatal loss: Finding perspective and creating meaning*. American Psychological Association (LifeTools Division)
9. Greenberg, L. S., McWilliams, N., & Wenzel, A. (2014). *Exploring three approaches to psychotherapy*. American Psychological Association.
10. Wenzel, A. (2013). *Strategic decision making in cognitive behavioral therapy*. American Psychological Association.
 - Italian translation in progress at LSWR
11. Wenzel, A., Liese, B. S., Beck, A. T., & Friedman-Wheeler, D. (2012). *Cognitive therapy addictions groups*. Guilford Press.
 - Italian translation in progress at Armando Editore
12. Kleiman, K., & Wenzel, A. (2011). *Dropping the baby and other scary thoughts: Breaking the cycle of negative unwanted thoughts in motherhood*. Routledge.
13. Wenzel, A. (2011). *Anxiety disorders in childbearing women: Diagnosis and treatment*. American Psychological Association.
14. Wenzel, A., Brown, G. K., & Beck, A. T. (2009). *Cognitive therapy for suicidal patients: Scientific and clinical applications*. American Psychological Association.
 - Portuguese translation: Wenzel, A., Brown, G. K., & Beck, A. T. (2010). *Terapia cognitivo-comportamental para pacientes suicidas*. Porto Alegre, Brazil: Artmed.
 - Korean translation: Wenzel, A., Brown, G. K., & Beck, A. T. (2011). *Cognitive therapy for suicidal patients: Scientific and clinical applications*. Hakjisa Publishers.

Edited Books

1. Friedman-Wheeler, D. G., & Wenzel, A. (General Editors) (under contract). *Encyclopedia of mood and anxiety disorders (Vols. 1-3)*. SAGE Publications.

2. Wenzel, A. (under contract). *International handbook of perinatal mental health disorders*. Routledge.
3. Wenzel, A. (Editor) (2021). *Handbook of cognitive behavioral therapies (Vols. 1-2)*. American Psychological Association.
4. Wenzel, A. (General Editor) (2017). *Encyclopedia of abnormal and clinical psychology (Vols. 1-7)*. SAGE Publications.
 - Recognized as a 2019 *Choice* Outstanding Academic Title
5. Wenzel, A. (Ed.) (2016). *Oxford handbook of perinatal psychology*. Oxford University Press.
6. Sprecher, S., Wenzel, A., & Harvey, J. H. (Eds.) (2008). *Handbook of relationship initiation*. Psychology Press.
7. Wenzel, A., & Rubin, D. C. (Eds.) (2005). *Cognitive methods and their application to clinical research*. American Psychological Association.
 - Spanish translation: Wenzel, A. & Rubin, D. C. (2008). *Metodos cognitivos y su aplicacion a la investigation clinica*. Mexico City, Mexico: Manual Moderno.
8. Harvey, J. H., Wenzel, A., & Sprecher, S. (Eds.) (2004). *Handbook of sexuality in close relationships*. Lawrence Erlbaum Associates, Inc.
 - Recognized as being of exceptional merit by the Society for Sex Therapy and Research Health Professional Book Award Committee
9. Harvey, J. H., & Wenzel, A. (Eds.) (2002). *A clinician's guide to maintaining and enhancing close relationships*. Lawrence Erlbaum Associates, Inc.
10. Harvey, J. H., & Wenzel, A. (Eds.) (2001). *Close relationships: Maintenance and enhancement*. Lawrence Erlbaum Associates, Inc.

Contributions to Authored Books

1. Hazlett-Stevens, H., & D.A. Bernstein (2022). *Progressive relaxation training: A guide for professionals, students, and researchers*. Prager/ABC-CLIO. [Chapter 11: Case studies in progressive relaxation training, "Cases from the files of Amy Wenzel PhD, ABPP" (pp. 95-112)].
2. Starr, R. F., with Wenzel, A. (2018). *Beyond the baby blues: Anxiety and depression during and after pregnancy*. Rowman & Littlefield.
3. Kleiman, K., with Wenzel, A. (2014). *Tokens of affection: Reclaiming your marriage after postpartum depression*. Routledge.

Treatment Manuals

1. Karlin, B. E., & Wenzel, A. (2018). *Evidence-based psychotherapy shared decision-making toolkit for mental health providers*. Education Development Center.
2. Wenzel, A., Brown, G. K., & Karlin, B. E. (2011). *Cognitive behavioral therapy for depressed Veterans and Military servicemembers: Therapist manual*. U.S. Department of Veterans Affairs.

Book Chapters

1. Wenzel, A. (in press). Addictions. In N. Kazantzis (Ed.), *Using homework assignments in cognitive behavior therapy (2nd ed.)*. Routledge.
2. Van Horn, D., Wenzel, A., & Britton, P. (2021). Motivational interviewing. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy* (pp. 313-347). American Psychological Association.
3. Vrijzen, J. N., de Kleine, R. A., Becker, E. S., Wenzel, A., & Smits, J. A. J. (2021). Mechanisms of change. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy* (pp. 91-129). American Psychological Association.
4. Wenzel, A. (2021). A cognitive behavioral approach to sexual boundary violations. In A. Steinberg, J. L. Alpert, & C. A. Courtois (Eds.), *Sexual boundary violations in psychotherapy: Therapist indiscretions, transgressions, and misconduct* (pp. 105-116). American Psychological Association.
5. Wenzel, A. (2021). Conclusion: Roots in the past and vision for the future. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy* (pp. 871-877). American Psychological Association.
6. Wenzel, A. (2021): Introduction: The evolution and main components of cognitive behavioral therapy. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy* (pp. xv-xxvii). American Psychological Association.
7. Wenzel, A. (2021). The therapeutic relationship. In A. Wenzel (Ed.), *Handbook of cognitive behavioral therapy* (pp. 175-203). American Psychological Association.
8. Wenzel, A. (2020). Cognitive and behavioral therapy. In L. H. Gold & R. Frierson (Eds.), *Textbook of suicide risk assessment and management* (pp. 29-39). American Psychiatric Association.
9. Wenzel, A. (2018). Practice-based scholarship. In R. T. Codd III (Ed.), *Practice-based research: A guide for clinicians* (pp. 170-190). Routledge.
10. Wenzel, A. (2018). Cognitive reappraisal. In S. C. Hayes & S. G Hofmann (Eds.), *Process-based CBT: The science and Core competencies of behavioral and cognitive therapies* (pp. 325-337). New Harbinger.
11. Wenzel, A. (2016). Cognitive behavioral therapy in practice. In L. E. Beutler, A, J. Consoli, & B. Bongar (Eds.), *Comprehensive textbook of psychotherapy: Theory and practice (2nd ed.)* (pp. 76-90). Oxford University Press.
12. Wenzel, A. (2016). Perinatal psychology: A field with an exciting past and an impressive future. In A. Wenzel (Ed.), *Handbook of Perinatal Psychology* (pp. 665-676). Oxford University Press.
13. Wenzel, A., Stuart, S., & Koleva, H (2016). Psychotherapy for psychopathology during pregnancy and the postpartum period. In A. Wenzel (Ed.), *Handbook of Perinatal Psychology* (pp. 341-365). Oxford University Press.
14. Wenzel, A. (2016). The unique importance of perinatal psychology. In A. Wenzel (Ed.), *Handbook of Perinatal Psychology* (pp. 1-4). Oxford University Press.
15. Wenzel, A., & Kim, D. (2016). Psychopharmacology for psychopathology during pregnancy and the postpartum period. In A. Wenzel (Ed.), *Handbook of Perinatal Psychology* (pp. 383-407). Oxford University Press.

16. Wenzel, A. (2014). Integrating psychotherapy and pharmacotherapy in perinatal psychiatric disorders. In I. R. de Oliveira, T. Schwartz, & S. M. Stahl (Eds.), *Psychopharmacology and psychotherapy integration* (pp. 224-241). Routledge.
17. Wenzel, A., & Jager-Hymen, S. (2014). Social phobia and its relation to clinical syndromes in adulthood. In S. G. Hofmann & P. M. DiBartolo (Eds.). *From social anxiety to social phobia: Multiple perspectives (3rd ed)* (pp. 227-251). Academic Press.
18. Wenzel, A., & Kleiman, K. (2014). Clinician response. In L. R. Grossman & S. Walfish (Eds.), *Translating research into practice: A desk reference for practicing mental health professionals* (pp. 443-446). Springer.
19. Wenzel, A., & Spokas, M. (2014). Cognitive and information processing approaches to understanding suicidal behaviors. In M. K. Nock (Ed.), *Oxford handbook of suicide and self-injury* (pp. 235-253). Oxford University Press.
20. Wenzel, A. (2012). Modification of core beliefs in cognitive therapy. In I. R. de Oliveira (Ed.), *Cognitive behavioral therapy* (pp. 17-34). Rijeka, Croatia: Intech (available online at www.intechopen.com)
21. Brown, G. K., Wenzel, A., & Rudd, M. D. (2011). Cognitive therapy for suicidal patients. In K. Michel & D. A. Jobes (Eds.), *The therapeutic alliance with suicidal patients: The Aeschi papers* (pp. 273-291). American Psychological Association.
22. Wenzel, A. (2010). Social phobia and its relation to clinical syndromes in adulthood. In S. G. Hofmann & P. M. DiBartolo (Eds.). *From social anxiety to social phobia: Multiple perspectives (2nd ed.)* (pp. 183-205). Academic Press.
23. Berk, M. S., Brown, G. K., Wenzel, A., & Henriques, G. R. (2008). A cognitive therapy intervention for adolescent suicide attempters: An empirically-informed treatment manual. In C. W. LeCroy (Ed.), *Handbook of evidence-based child and adolescent treatment manuals* (pp. 431-455). Oxford University Press.
24. Paul, E. L., Wenzel, A., & Harvey, J. H. (2008). Hookups: A facilitator or a barrier to relationship initiation and intimacy development? In S. Sprecher, A. Wenzel, & J. H. Harvey (Eds.), *Handbook of relationship initiation* (pp. 375-390). Psychology Press.
25. Wenzel, A. (2008). Methods of information processing research. In D. M. McKay (Ed.), *Handbook of clinical research methods* (pp. 367-387). SAGE Publications.
26. Wenzel, A., & Kashdan, T. B. (2008). Emotional disturbances and the initial stages of relationship development: Processes and consequences of social anxiety and depression. In S. Sprecher, A. Wenzel, & J. H. Harvey (Eds.), *Handbook of relationship initiation* (pp. 425-450). Psychology Press.
27. Wenzel, A., & Finstrom, N. (2007). Cognitive biases associated with social interaction fears and anxiety. In A. Columbus (Ed.), *Advances in psychology research, vol. 42* (pp. 175-197). Nova Science Publishers.
28. Harvey, J. H., & Wenzel, A. (2006). Theoretical perspectives in the study of close relationships. In D. Perlman & A. L. Vangelisti (Eds.), *Handbook of personal relationships* (pp. 35-49). Cambridge University Press.
29. Rubin, D. C., & Wenzel, A. (2005). Autobiographical memory tasks: Six common methods. In A. Wenzel & D. C. Rubin (Eds.). *Cognitive methods and their application to clinical research* (pp. 215-217). American Psychological Association.

30. Wenzel, A. (2005). Autobiographical memory tasks in clinical research. In A. Wenzel & D. C. Rubin (Eds.). *Cognitive methods and their application to clinical research* (pp. 243-264). American Psychological Association.
31. Wenzel, A., & Rubin, D. C. (2005). Introduction: Applying cognitive methods with clinical populations. In A. Wenzel & D. C. Rubin (Eds.). *Cognitive methods and their application to clinical research* (pp. 3-9). American Psychological Association.
32. Harvey, J. H., Wenzel, A., & Sprecher, S. (2004). Introduction: Why a handbook on sexuality in close relationships is warranted. In J. H. Harvey, A. Wenzel, & S. Sprecher (Eds.). *Handbook of sexuality in close relationships* (pp. 3-6). Lawrence Erlbaum Associates, Inc.
33. Haugen, E. N., Schmutzer, P. A., & Wenzel, A. (2004). Sexuality and the partner relationship during pregnancy and the postpartum period. In J. H. Harvey, A. Wenzel, & S. Sprecher (Eds.). *Handbook of sexuality in close relationships* (pp. 411-435). Lawrence Erlbaum Associates, Inc.
34. Wenzel, A., Jackson, L. C., & Brendle, J. R. (2004). Psychopathology, sexuality, and the partner relationship. In J. H. Harvey, A. Wenzel, & S. Sprecher (Eds.). *Handbook of sexuality in close relationships* (pp. 545-571). Lawrence Erlbaum Associates, Inc.
35. Jackson, L. C., & Wenzel, A. (2002). Anxiety disorders and relationships: Implications for etiology, functionality, and treatment. In J. H. Harvey & A. Wenzel (Eds.). *A clinician's guide to maintaining and enhancing close relationships* (pp. 177-197). Lawrence Erlbaum Associates, Inc.
36. Wenzel, A. (2002). Characteristics of close relationships in individuals with social phobia: A preliminary comparison with nonanxious individuals. In J. H. Harvey & A. Wenzel (Eds.). *A clinician's guide to maintaining and enhancing close relationships* (pp. 199-213). Lawrence Erlbaum Associates, Inc.
37. Wenzel, A., & Harvey, J. H. (2002). Maintaining and enhancing close relationships: Linking theory with practice. In J. H. Harvey & A. Wenzel (Eds.). *A clinician's guide to maintaining and enhancing close relationships* (pp. 1-10). Lawrence Erlbaum Associates, Inc.
38. Wenzel, A., & Harvey, J. H. (2001). Introduction: The movement toward studying the maintenance and enhancement of close relationships. In J. H. Harvey & A. Wenzel (Eds.). *Close relationships: Maintenance and enhancement* (pp. 1-10). Lawrence Erlbaum Associates, Inc.
39. Wenzel, A., & Holt, C. S. (2001). Social phobia and its relationship to clinical syndromes in adulthood. In S. G. Hofmann & P. M. DiBartolo (Eds.). *From social anxiety to social phobia: Multiple perspectives* (pp. 130-147). Allyn & Bacon

Journal Articles

1. Osmo, F., Duran, V., Wenzel, A., de Oliveira, I., Nepomuceno, S., Maderia, M., & Ienezes, I. (2018). The Negative Core Beliefs Inventory (NCBI): Development and psychometric properties. *Journal of Cognitive Psychotherapy*, *32*, 1-18.
2. Kleiman, K., & Wenzel, A. (2017). Principles of supportive psychotherapy for perinatal distress. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, *46*, 895-903. (invited)

3. Wenzel, A. (2017). Basic strategies of cognitive behavioral therapy. *Psychiatric Clinics*, *40*, P597-609. (invited)
4. Wenzel A. (2017). Cognitive behavioral therapy for pregnancy loss. *Psychotherapy*, *54*, 400-405. (invited)
5. Dalke, K. B., Wenzel, A., & Kim, D. R. (2016). Treating depression and anxiety during pregnancy: Evaluating the literature in support of clinical risk-benefit decision making. *Current Psychiatry Reports*, *18*, 1-12. (invited)
6. De Oliveira, I. R., Osório, F. L., Crippa, J. A. S., de Abreu, N., Seixas, C., Pidgeon, A., Sudak, D., & Wenzel, A. (2015). Evaluation of the psychometric properties of the Cognitive Distortions Questionnaire (CD_Quest) in a sample of undergraduates. *Innovations in Clinical Neuroscience*, *12*, 20-27.
7. Adler, A. Jager-Hyman, S., Green, K., Brown, G. K., Beck, A. T., & Wenzel, A. (2015). Initial validation of the Attentional Fixation Questionnaire for suicide attempts. *Cognitive Therapy and Research*, *39*, 492-498.
8. Moran, T. E., Segre, L., Polanin, J. R., & Wenzel, A. (2014). The Postpartum Worry Scale – Further validation with a sample of NICU mothers. *Archives of Women’s Mental Health*, *17*, 41-48.
9. Moran, T. E., Polanin, J. R., & Wenzel, A. (2014). An initial validation of the Postpartum Worry Scale – Revised. *Archives of Women’s Mental Health*, *17*, 41-48.
10. Jager-Hymen, S., Cunningham, A., Wenzel, A., Mattei, S., Brown, G. K., & Beck, A. T. (2014). Cognitive distortions and suicide attempts. *Cognitive Therapy and Research*, *38*, 369-374.
11. Almeida, C. P., Wenzel, A., de-Carvalho, C. S., Powell, V. B., Araújo-Neto, C., Quarantini, L. C., & de Oliveira, I. R. (2012). Amygdalar volume in borderline personality disorder with and without comorbid posttraumatic stress disorder: A meta-analysis. *CNS Spectrums*, *70*, 70-75.
12. de Oliveira, I. R., Powell, V. B., Wenzel, A., Caldas, M., Seixas, C., Almeida, C., Bonfirm, T., Grangeon, M. C., Castro, M., Galvão, A., Moraes, R. D., & Sudak, D. (2012). Efficacy of the Trial-Based Thought Record: A new cognitive therapy strategy designed to change core beliefs in social phobia. *Journal of Clinical Pharmacy and Therapeutics*, *37*, 328-334.
13. Spokas, M., Wenzel, A., Brown, G. K., & Beck, A. T. (2012). Characteristics of individuals who make impulsive suicide attempts. *Journal of Affective Disorders*, *136*, 1121-1125.
14. Wenzel, A., & Jager-Hyman, S. (2012). Cognitive therapy for suicidal patients: Current status. *the Behavior Therapist*, *35*, 121, 123-124, 126-130. (invited)
15. Allison, K. C., Wenzel, A., Kleiman, K., & Sawrer, D. B. (2011). Development of a brief measure of postpartum distress. *Journal of Women’s Health*, *20*, 617-623.
16. Britton, P. C., Patrick, H., Wenzel, A., & Williams, G. C. (2011). Motivational interviewing, self-determination theory, and cognitive behavioral therapy to prevent suicidal behavior. *Cognitive and Behavioral Practice*, *18*, 16-27.
17. Rodrigues, E., Wenzel, A., Ribeiro, M. P., Quarantini, L. C., Mirnada-Scippa, A., de Sena, E. P., & de Oliveira, I. R. (2011). Hippocampal volumes in borderline personality disorder with and without comorbid posttraumatic stress disorder: A meta-analysis. *European Psychiatry*, *26*, 452-456.

18. Wenzel, A., Berchick, E. R., Tenhave, T., Halberstadt, S., Brown, G. K., & Beck, A. T. (2011). Predictors of suicide relative to other deaths in patients with suicide attempts and suicide ideation: A 30-year prospective study. *Journal of Affective Disorders, 132*, 375-382.
19. Grangeon, M. C., Seixas, C., Quarantini, L. C., Miranda-Scippa, A., Pompili, M., Steffens, D. C., Wenzel, A., Lacerda, A. L. T., & de Oliveira, I. R. (2010). White matter hypertensities and their association with suicidality in major affective disorders: A meta-analysis of magnetic resonance imaging studies. *CNS Spectrums, 14*, 375-381. [Reprinted as de Oliveria I.R., et al. White matter hyperintensities and their association with suicidality. *Psychiatry Weekly*. 2010;5(28)]
20. Spokas, M., Wenzel A., Stirman, S. W., Brown, G. K., & Beck, A. T. (2009). Suicide risk factors and mediators of the association between childhood sexual abuse and suicide ideation among male and female suicide attempters. *Journal of Traumatic Stress, 22*, 467-470.
21. Wenzel, A. (2009). Schema content in a threatening situation: Responses to expected and unexpected events. *Journal of Cognitive Psychotherapy, 23*, 136-146.
22. Mann, J. J., Arango, V.A., Avenevoli, S., Brent, D. A., Champagne, F. A., Clayton, P., Currier, D., Dougherty, D. M., Haghghi, F., Hodge, S. E. D., Kleinman, J., Lehner, T., McMahon, F., Mościcki, E. K., Oquendo, M. A., Pandey, G. N., Pearson, J., Stanley, B., Terwilliger, J., & Wenzel, A. (2009). Candidate endophenotypes for genetic studies of suicidal behavior. *Biological Psychiatry, 65*, 556-563.
23. Nunes, P. M., Wenzel, A., Borges, K. T., Porto, C. R., Caminha, R. M., & de Oliveira, I. R. (2009). Volumes of the hippocampus and amygdala in patients with borderline personality disorder: A meta-analysis. *Journal of Personality Disorders, 23*, 333-345.
24. Wenzel, A., & Emerson, T. (2009). Mate selection in socially anxious and nonanxious individuals. *Journal of Social and Clinical Psychology, 28*, 341-363.
25. Wenzel, A., & Beck, A. T. (2008). A cognitive model of suicidal behavior: Theory and treatment. *Applied & Preventive Psychology, 12*, 189-201.
26. Wenzel, A., Jeglic, E. L., Levy-Mack, H. J., Beck, A. T., & Brown, G. K. (2008). Treatment attitude and therapy outcome in patients with borderline personality disorder. *Journal of Cognitive Psychotherapy, 22*, 250-257.
27. Ghahramanlou-Holloway, M., Lou, K., Wenzel, A., & Beck, A. T. (2007). Differentiating cognitive content between depressed and anxious outpatients. *Cognitive Behaviour Therapy, 36*, 170-178.
28. Wenzel, A., Brendle, J. R., Kerr, P., & Ferraro, F. R. (2007). A quantitative estimate of schema abnormality in socially anxious individuals. *Cognitive Behaviour Therapy, 36*, 220-229.
29. Wenzel, A., Zetocha, K., & Ferraro, F. R. (2007). Depth of processing and recall of threat material in fearful and nonfearful individuals. *Anxiety, Stress, and Coping: An International Journal, 20*, 223-237.
30. Beck, A. T., Wenzel, A., Riskind, J. R., Brown, G., & Steer, R. A. (2006). Specificity of hopelessness about resolving life problems: Another test of the cognitive model of depression. *Cognitive Therapy and Research, 30*, 773-781.

31. Jackson, L. C., Schmutzer, P. A., Wenzel, A., & Tyler, J. D (2006). Applicability of Cognitive Behavior Therapy with American Indian individuals. *Psychotherapy: Theory, Research, Practice and Training, 43*, 506-517.
32. Wenzel, A. (2006). Attentional disruption in the presence of negative automatic thoughts. *Behavioural and Cognitive Psychotherapy, 34*, 385-395.
33. Wenzel, A., Adams, C., & Goyette, M. (2006). Recall of schematic and non-schematic material related to threat in blood fearful and nonfearful individuals. *Behavioural and Cognitive Psychotherapy, 34*, 79-93.
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57. Wenzel, A., Haugen, E. N., & Schmutzer, P. A. (2003). Recall of schematic and non-schematic material related to threat in socially anxious and nonanxious individuals. *Behavioural and Cognitive Psychotherapy*, *31*, 387-401.
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63. Wenzel, A., & Holt, C. S. (2002). Memory bias against threat in social phobia. *British Journal of Clinical Psychology*, *41*, 73-79.

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70. Rubin, D. C., Hinton, S., & Wenzel, A. (1999). The precise time course of retention. *Journal of Experimental Psychology: Learning, Memory, and Cognition, 25*, 1161-1176.
71. Wenzel, A., & Holt, C. S. (1999). Dot probe performance in two specific phobias. *British Journal of Clinical Psychology, 38*, 407-410.
72. Wenzel, A. (1998). Cognitive biases in anxiety [Review of the book *Anxiety and Cognition: A Unified Theory*]. *Contemporary Psychology, 43*, 540-541. (invited)
73. Wenzel, A. (1998). A contemporary approach to anxiety [Review of the book *Perspectives on Anxiety, Panic, and Fear: Proceedings of the 43rd Annual Nebraska Symposium on Motivation*]. *Contemporary Psychology, 43*, 873-875. (invited)
74. Rubin, D. C., & Wenzel, A. E. (1996). One hundred years of forgetting: A quantitative description of retention. *Psychological Review, 103*, 734-760.

Encyclopedia Articles

1. Wenzel, A. (2021). Infertility, miscarriage, and neonatal loss. In C. S. Richards (Ed.), *Wiley Encyclopedia of Health Psychology*. John Wiley and Sons.
2. Cavenagh, D., & Wenzel, A. (2017). Supervision. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
3. Friedman-Wheeler, D. G., Stolar, N., & Wenzel, A. (2017). Mood disorders: Overview. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
4. Jager-Hymen, S., Wenzel, A., & Brown, G. K. (2017). Suicidality, Treatment of. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
5. Wenzel, A. (2017). Cognitive therapy. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
6. Wenzel, A. (2017). Professional and ethical issues: Overview. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
7. Wenzel, A. (2017). Evolutionary theoretical framework. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.

8. Wenzel, A. (2017). Postpartum anxiety. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
9. Wenzel, A., Friedman-Wheeler, D., & Stolar, N. (2017). Structured clinical interviews. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
10. Wenzel, A., & Stolar, N. (2017). Personality disorders: Biological factors. In A. Wenzel (Ed.), *Encyclopedia of Abnormal and Clinical Psychology*. SAGE Publications.
11. Wenzel, A. (2015). Diagnostic processes in clinical psychology and psychotherapy. In J. D. Wright (Editor-in-Chief), *International Encyclopedia of Social and Behavioral Sciences (2nd Ed.)* (pp. 342-347). Elsevier.
12. Wenzel, A. (2009). Casual sex. In H. L. Reis & S. Sprecher (Eds.), *Encyclopedia of human relationships*. SAGE Publications.
13. Wenzel, A. (2009). Social anxiety. In H. L. Reis & S. Sprecher (Eds.), *Encyclopedia of human relationships*. SAGE Publications.
14. Wenzel, A. (2006). Postpartum depression. In N. J. Salkind (Ed.), *Encyclopedia of human development*. SAGE Publications.

Invited Publications

1. Wenzel, A. (2012). Benefits to using cognitive behavioral therapy to treat substance abuse. *Cognitive Therapy Today*, 17, 3, 5, 9.
2. Wenzel, A. (2008). Postpartum anxiety disorders. *Maternal Depression Screening Network Newsletter*, Winter, 4-7.
3. Wenzel, A., Cardaciotto, L. A., & Fingerhut, R. (2007). The City of Brotherly Love hosts the 2007 ABCT convention. *the Behavior Therapist*, 141-143.
4. Wenzel, A. (2007). Cognitive therapy for anxiety disorders: A discussion of recent empirical developments—Part 2. *Cognitive Therapy Today*, 12, 3, 5.
5. Wenzel, A. (2007). Cognitive therapy for anxiety disorders: A discussion of recent empirical developments—Part I. *Cognitive Therapy Today*, 12, 4.
6. Wenzel, A. (2007). Cognitive therapy. *Hemeaware*, July/August, 84-85.
7. Wenzel, A., Schmid, S., & Beck, A. T. (2006). Clinical update: Phobias. *Family Therapy Magazine*, 5, 36-44.
8. Wenzel, A. (2005). Cognitive theory of anxiety disorders: Core theoretical and empirical developments. *Cognitive Therapy Today*, 10, 4-5.
9. Wenzel, A., & Maltby, N. (2001). Anxiety SIG website: A new resource for researchers and students. *Anxiety Disorders: A Quarterly Report*, 1, 5-6.
10. Wenzel, A. (2000). Membership in AABT: An important part of student development. *the Behavior Therapist*, 23, 106-107.
11. O'Hara, M. W., & Wenzel, A. (1999). *Abnormal Psychology: Guided correspondence study*. Iowa City, IA: University of Iowa.
12. Wenzel, A. (1998). Cognitive biases in anxiety [Review of the book *Anxiety and Cognition: A Unified Theory*]. *Contemporary Psychology*, 43, 540-541.
13. Wenzel, A. (1998). A contemporary approach to anxiety [Review of the book *Perspectives on Anxiety, Panic, and Fear: Proceedings of the 43rd Annual Nebraska Symposium on Motivation*]. *Contemporary Psychology*, 43, 873-875.

Grant Activity

- 2015-2018 **National Institute of Drug Abuse (R34)**
Suicide Prevention Among Substance Abusing Homeless Youth
Role: Consultant (Natasha Slesnick, PI)
Amount: \$629,414
- 2015-2017 **New Jersey Department of Education**
Building Teacher Leadership Capacity to Support Beginning Teachers
Role: Consultant (Anthony Pittman, Director; Gail Verdi, Lead Faculty Member)
Amount: \$200,000 (Renewal July 2016)
- 2006-2008 **American Foundation for Suicide Prevention (Standard Research Grant)**
Suicide-Relevant Cognitive Biases and Cognitive Therapy: A Longitudinal Investigation
Role: Principal Investigator
Amount: \$53,628 (no-cost extensions through January 2012)
- 2006-2008 **National Alliance for Research on Schizophrenia and Depression (Young Investigator Award)**
Cognitive and Behavioral Predictors of Suicide Behavior in Suicide Attempters
Role: Principal Investigator
Amount: \$59,398
- 2005-2006 **American Foundation for Suicide Prevention (Standard Research Grant)**
Predictors of Suicide in Attempters and Ideators: A Prospective Study
Role: Principal Investigator
Amount: \$30,000
- 2004-2009 **National Institute of Mental Health (P20-MH072905915)**
Cognitive Therapy for the Prevention of Suicide
Role: Co-Investigator (Aaron T. Beck & Gregory K. Brown, PIs)
- 2002-2003 **University of North Dakota (Senate Scholarly Activities Committee Research Grant)**
The Impact of Psychopathology on Sexual Adjustment in Postpartum Women and Men
Role: Principal Investigator
Amount: \$2,040
- 2002-2003 **University of North Dakota (Faculty Seed Grant)**
Anxiety Disorders from Pregnancy through the First Year Postpartum
Role: Principal Investigator
Amount: \$24,124
- 2001 **University of North Dakota (New Faculty Scholar Award)**
A Pilot Study of Postpartum Anxiety Disorders and their Relation to Postpartum Depression
Role: Principal Investigator
Amount: \$5,000

- 2000 **University of Wisconsin Medical School** (Department of Psychiatry Research Grant)
Characteristics of Close Relationship in Individuals with Panic Disorder and Individuals with Social Phobia
Role: Principal Investigator
Amount: \$1,500
- 1995-1996 **University of Iowa** (Department of Psychiatry Research Grant)
Attentional Biases Toward Threat in Spider and Blood/Injury Phobia
Role: Co-Investigator (Craig S. Holt, PI)
Amount: \$5,900
- 1994-1995 **University of Iowa** (Department of Psychiatry Research Grant)
Information Processing Disruptions in Socially Anxious and Nonanxious Individuals
Role: Co-Investigator (Craig S. Holt, PI)
Amount: \$6,000

SCHOLARLY CONSULTATION

- 2013: National Action Alliance for Suicide Prevention (Discussant for the Research Prioritization Task Force)
- 2010: National Institutes of Health Army STARRS Study

PUBLIC SPEAKING

Speakers Bureaus

- 2012-Present: PsychologyEducation.net
2011-Present Beck Institute Speakers Faculty
2011 Cross-Country Education Speakers Bureau

Invited In-Person Presentations and Workshops

Cognitive Behavioral Therapy for Anxiety-Related Disorders

- February 2020: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- September 2019: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2019: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- July 2018: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- January 2018: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- October 2017: Great Basin Behavioral Health (Reno, NV; 2-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)

- July 2017: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2017: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- July 2016: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2016: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- November 2015: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2015: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- October 2014: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- May 2014: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2014: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- September 2013: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- February 2013: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; 3-Day Workshop)
- December 2012: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- October 2012: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- December 2011: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- October 2011: Cross-Country Education (St. Louis, MO; Kansas City, MO; Wichita, KS; Full-Day Workshops)
- September 2011: Cross-Country Education (Asheville, NC; Knoxville, TN; Nashville, TN; Full-Day Workshops)

Cognitive Behavioral Therapy for Suicidal Patients

- March 2019: Northern California Cognitive Behavioral Therapy Network (Berkeley, CA; Full-Day Workshop)
- September 2018: Edward J. Hines Veterans Administration Hospital (Hines, IL; 2-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- September 2018: Lyons Veterans Administration Hospital, (Lyons, NJ; Full-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- May 2018: V Jornada Internacional de Terapias Cognitivo-Comportamentais (Ribeirão Preto, São Paulo, Brazil; Full-Day Workshop)
- March 2017: KBT-Centrum (Uppsala, Sweden; Full-Day Workshop)

- October 2016: Family Service Society, Inc. (Corning, NY; Full Day Workshop)
- September 2016: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- April 2016: American Physician Institute (Chicago, IL; Full-Day Workshop)
- March 2016: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- December 2015: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- August 2015: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- July 2015: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- May 2015: Ohio State University (Columbus, OH: 3-Day Workshop)
- April 2015: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- January 2015: Beck Institute for Cognitive Behavior (Bala Cynwyd, PA; Full Day Workshop)
- May 2014: KBT-Centrum (Uppsala, Sweden; Full-Day Workshop)
- December 2011: Shepard Schools (Morristown, NJ; Half-Day Workshop)
- November 2011: Department of Psychiatry, Temple University Grand Rounds (Philadelphia, PA)
- March 2011: Princeton House Behavioral Health (Princeton, NJ; Half-Day Workshop)
- January 2011: New Jersey Association of Cognitive Behavioral Therapists (Clark, NJ; Half-Day Workshop)
- November 2009: 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies (New York, NY; Half-Day Workshop; with G. K. Brown)
- November 2008: Pre-Conference Institute at the 41st Annual Meeting of the Association for Behavioral and Cognitive Therapies (Orlando, Full-Day Workshop; ; G. K. Brown)
- October 2008: Philadelphia Society of Clinical Psychologists (Villanova, PA; Half-Day Workshop)
- November 2007: 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies (Philadelphia, PA; Half-Day Workshop; with G. K. Brown)
- May 2006: Evidence-Based Interventions for Suicidal Persons meeting (Atlantic City, NJ; Half-Day Workshop; with G. K. Brown)
- April 2005: Philadelphia Society of Clinical Psychologists (Villanova, PA; Half-Day Workshop; with G. K. Brown)

Fundamentals of Cognitive Behavioral Therapy

- October 2016: Geisinger Medical Center (Danville, PA; Full-Day Workshop)
- August 2016: University of Utah (Salt Lake City, UT; 3-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- May 2015: Rutgers University Counseling Center (New Brunswick, NJ; 2-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)

- September 2014: Indiana University Health Behavioral Health Sciences (Indianapolis, IN; 2-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- September 2013: Department of State Health Services (Austin, TX; 3-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- April 2013: HANDS Moving Beyond Depression, Kentucky Department for Public Health (Lexington, KY; 3-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- March 2013: Department of State Health Services (Fort Worth, TX; 3-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- December 2012: VA Healthcare System (Houston, TX; 3-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)
- May 2012: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd; Full-Day Workshop)
- September 2011: Department of Psychology, University of Cincinnati (Cincinnati, OH; Full-Day Workshop; Commissioned through the Beck Institute for Cognitive Behavior Therapy)

Group Cognitive Behavioral Therapy for Addictions

- March 2019: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- April 2018: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- June 2017: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- May 2015: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- September 2014: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- April 2013: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)
- October 2012: Beck Institute for Cognitive Behavior Therapy (Bala Cynwyd, PA; Full-Day Workshop)

Building Teacher Leaders: A Cognitive Behavioral Intervention to Promote Teacher Resilience

- August 2018: Overview (Jackson Township, NJ; Full Day-Workshop)
- July 2018: Overview (Jackson Township, NJ; Full Day-Workshop)
- June 2017: Mindfulness and Acceptance (Scotch Plains, NJ; Half-Day Workshop)
- June 2017: Values (North Plainfield, NJ; Half-Day Workshop)
- June 2017: Interpersonal Effectiveness (North Plainfield, NJ; Half-Day Workshop)
- May 2017: Problem Solving (Scotch Plains, NJ; Half-Day Workshop)
- March 2017: Cognitive Restructuring of Beliefs (North Plainfield, NJ; Half-Day Workshop)

- February 2017: Cognitive Restructuring of Automatic Thoughts (Scotch Plains, NJ; Half-Day Workshop)
- January 2017: Distress Tolerance (North Plainfield, NJ; Half-Day Workshop)
- November 2016: Emotion Regulation (Scotch Plains, NJ; Half-Day Workshop)
- October 2016: Introduction to CBT (North Plainfield, NJ; Half-Day Workshop)
- July 2016: Mindfulness and Acceptance (Scotch Plains, NJ; Half-Day Workshop)
- July 2016: Values (Scotch Plains, NJ; Half-Day Workshop)
- June 2016: Interpersonal Effectiveness (North Plainfield, NJ; Half-Day Workshop)
- June 2016: Problem Solving (Scotch Plains, NJ; Half-Day Workshop)
- May 2016: Cognitive Restructuring of Beliefs (North Plainfield, NJ; Half-Day Workshop)
- May 2016: Cognitive Restructuring of Automatic Thoughts (Scotch Plains, NJ; Half-Day Workshop)
- March 2016: Distress Tolerance (North Plainfield, NJ; Half-Day Workshop)
- February 2016: Emotion Regulation (Scotch Plains, NJ; Half-Day Workshop)
- January 2016: Introduction to CBT (North Plainfield, NJ; Half-Day Workshop)

Others

- Wenzel, A. (2019, May). *Innovations in cognitive behavioral therapy for anxiety and suicide prevention*. Workshop sponsored by Nebraska Psychological Association, Omaha, NE (Full-Day Workshop).
- Wenzel, A. (2018, May). *Cognitive interventions in CBT: Cognitive restructuring versus cognitive defusion*. Workshop sponsored by V Jornada Internacional de Terapias Cognitivo-Comportamentais, Ribeirão Preto, São Paulo, Brazil (Half-Day Workshop).
- Wenzel, A. (2018, May). *Perinatal distress: Theory, research, and cognitive behavioral treatment*. Keynote address presented at the V Jornada Internacional de Terapias Cognitivo-Comportamentais (Ribeirão Preto, São Paulo, Brazil).
- Wenzel, A. (2018, April). *Innovations in cognitive behavioral therapy for anxiety and suicide prevention*. Workshop sponsored by Indiana University of Pennsylvania, Indiana, PA (Full-Day Workshop).
- Wenzel, A. (2018, January). *Fundamentals of cognitive behavioral therapy for substance abuse*. Workshop sponsored by Delaware Health and Social Services, New Castle, DE (2-Day Workshop commissioned through the Beck Institute for Cognitive Behavior Therapy).
- Kleiman, K. K., & Wenzel, A. (2017, July). *Perinatal distress, psychotherapy, & strategies of intervention: Two experts agree to disagree*. Plenary address given at the 30th Annual Meeting of Postpartum Support International, Philadelphia, PA.
- Wenzel, A. (2017, May). *CBT follow-up/Refresher for substance abuse in a criminal justice setting*. Workshop sponsored by the University of Utah, Salt Lake City, UT (2-Day Workshop commissioned through the Beck Institute for Cognitive Behavior Therapy).
- Wenzel, A. (2017, March). *Cognitive behavioral therapy for perinatal distress*. Workshop sponsored by KBT-Centrum, Uppsala, Sweden (Full-Day Workshop)

- Wenzel, A. (2016, October). *Perinatal distress: Theory, research, and cognitive behavioral treatment*. Grand Rounds presentation made to the Department of Psychiatry, Geisinger Medical Center, Danville, PA.
- Wenzel, A. (2014, May). *Cognitive behavioral therapy for perinatal distress*. Workshop sponsored by KBT-Centrum, Uppsala, Sweden (Full-Day Workshop)
- Wenzel, A. (2008, March). *Suicide: Differentiating fact from fiction*. Presentation made at the American Foundation for Suicide Prevention meeting, Suicide in Centre County: How You Can Make a Difference, State College, PA.
- Wenzel, A. (2007, June). *Cognitive content and information processing biases as endophenotypes*. Presentation made at the Are Endophenotypes for Genetic Studies of Suicidal Behavior Within Reach? Workshop (sponsored by the National Institute of Mental Health, Columbia University/Research Foundation for Mental Hygiene, Inc, NIH Office of Rare Disease, and American Foundation for Suicide Prevention), Columbia University, New York, NY.
- Brown, G. K., & Wenzel, A. (2007, February). *Cognitive therapy for suicide prevention*. Presentation made at the Evidence-Based Interventions for Suicidal Persons meeting, Denver, CO.
- Wenzel, A. (2006, October). *Cognitive therapy: Applications within chronic medical illness*. Workshop presented at the annual meeting of the National Hemophilia Association, Philadelphia, PA (Half-Day Workshop).
- Wenzel, A. (2006, August). *Cognitive behavioral therapy for adolescent suicide attempters*. Workshop presented through the University of Buffalo School of Social Work Children, Youth, and Families Evidence-Based Mental Health Project, Batavia, NY (3-Day Workshop).
- Brown, G. K., & Wenzel, A. (2006, May). *Cognitive therapy for suicide prevention*. Presentation made at the Evidence-Based Interventions for Suicidal Persons meeting, Atlantic City, NJ.
- Wenzel, A., Brown, G. K., & Beck, A. T. (2005, November). *Cognitive therapy, depression, and suicide prevention*. Presentation made to the Office of Mental Health Summit on Suicide Prevention, Saratoga Springs, NY.
- Wenzel, A. (2005, May). *Assessment and treatment of postpartum emotional disorders*. Workshop presented to the Philadelphia Society of Clinical Psychologists, Philadelphia, PA (Half-Day Workshop).
- Wenzel, A. (2005, April). *Postpartum emotional disorders*. Presentation made to the Clinical Psychology Training Area, Department of Psychology, University of Pennsylvania, Philadelphia, PA.
- Wenzel, A. (2004, November). *Sexuality in close relationships*. Presentation made to the Couples Special Interest Group, Association for Advancement of Behavior Therapy, New Orleans, LA.
- Wenzel, A. (2004, March). *Pathological anger: Diagnostic issues and comorbidity*. Grand Rounds presentation made to the Department of Neuroscience, University of North Dakota Medical School, Fargo, ND.
- Wenzel, A. (2003, November). *Cognitive biases in anxiety disorders*. Presentation made to the Department of Psychology, University of Tromsø, Tromsø, Norway.

- Wenzel, A. (2003, November). *Postpartum anxiety disorders*. Presentation made to the Department of Obstetrics and Gynecology, University of Tromsø Medical School, Tromsø, Norway.
- Wenzel, A. (2003, April). *Postpartum anxiety disorders*. Grand Rounds presentation made to the Department of Neuroscience, University of North Dakota Medical School, Fargo, ND.
- Wenzel, A. (2003, March). *Year 2 findings from the Bush General Education Longitudinal Study*. Presentation made to the university community, University of North Dakota, Grand Forks, ND.
- Wenzel, A. (2002, September). *Biased cognition in social anxiety: What are the consequences?* Presentation made to the Department of Psychology, North Dakota State University, Fargo, ND.
- Wenzel, A. (2001, November). *Overcoming shyness: Techniques for mastering social anxiety*. Workshop presented to Grand Forks, ND Community, Grand Forks, ND (1-Hour Workshop).
- Wenzel, A., Haugen, E. N., Jackson, L. C., Schmutzer, P. A., Brendle, J. R., Robinson, K., & Tweten, T. (2001, October). *Postpartum anxiety: Symptoms, causes, and consequences*. Keynote address presented at the 1st Annual Northern Lights Psychology Conference, Grand Forks, ND.
- Wenzel, A. (2001, April). *How I spent my first year at UND: Memory biases toward/against threat in anxious individuals*. Presentation made to the Department of Psychology, University of North Dakota, Grand Forks, ND.
- Wenzel, A. (2001, January). *Social anxiety: Empowerment for change*. Presentation made at Northwest Technical Community College, East Grand Forks, MN.
- Wenzel, A. (2000, October). *An evaluation of schema-based models of information processing in anxiety disorders*. Presentation made to the Department of Psychology, North Dakota State University, Fargo, ND.
- Wenzel, A. (1999, November). *An evaluation of schema-based models of information processing in anxiety disorders*. Presentation made to the Department of Psychology, University of North Dakota, ND.
- Holt, C. S., & Wenzel, A. (1998, March). *Situational scripting of threatening situations*. Workshop presented at the 19th Annual Meeting of the Anxiety Disorders Association of America, Boston, MA (Half-Day Workshop).

Virtual Workshops

- Wenzel, A. (2022, February). *Cognitive behavioral therapy for perinatal distress*. Workshop sponsored by KBT-Centrum, Uppsala, Sweden.
- Wenzel, A. (2022, February). *Cognitive behavioral therapy for suicide prevention*. Workshop sponsored by KBT-Centrum, Uppsala, Sweden.
- Wenzel, A. (2021, September). *Cognitive behavioral therapy for suicide prevention*. Workshop sponsored by the University of São Paulo at Ribeirão Preto, Brazil (Full-Day Workshop).

Wenzel, A. (2021, September). *Cognitive behavioral therapy for suicide prevention*. Workshop sponsored by the Cognitive Behavioral Institute, Cranberry Township, PA (Full-Day Workshop).

Wenzel, A. (2020, September). *Cognitive behavioral therapy for suicide prevention*. Workshop sponsored by the Federal University of Bahia, Brazil (90-Min Workshop).

Wenzel, A. (2020, September). *A cognitive behavioral intervention to promote teacher resilience*. Workshop sponsored by the Jackson Township School District, Jackson Township, NJ (Two Half-Day Workshops)

Wenzel, A. (2020, August). *Cognitive behavioral therapy for suicide prevention*. Workshop sponsored by Center for Excellence of Life, Maceió, Alagoas, Brazil (Full-day workshop)

Wenzel, A. (2020, May). *Group cognitive behavioral therapy for addictions*. Workshop sponsored by the Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA (Full-Day Workshop)

Invited Live Webinars

Cross-Country Education (1-hours webinars)

Behavioral Activation Techniques in Cognitive Behavioral Therapy (9.9.12, 9.14.12, 2.22.13, 2.27.13, 7.12.13, 7.24.13)

Belief Modification Techniques in Cognitive Behavioral Therapy (10.25.13, 10.30.13)

Cognitive Restructuring Techniques in Cognitive Behavioral Therapy (8.24.12, 8.28.12, 2.6.13, 2.15.13, 7.10.13, 7.17.13)

Exposure Techniques in Cognitive Behavioral Therapy (9.11.12, 9.16.12, 2.8.13, 2.13.13, 7.11.13, 7.18.13)

Psychoeducation and Motivational Enhancement Techniques in Cognitive Behavioral Therapy (12.14.12, 12.18.12, 8.21.13, 8.28.13)

Social Problem-Solving Techniques in Cognitive Behavioral Therapy (12.7.12, 12.13.12, 8.9.13, 8.22.13)

Invited Pre-Recorded Webinars

Cross-Country Education

- Behavioral Activation Techniques in Cognitive Behavioral Therapy
- Belief Modification Techniques in Cognitive Behavioral Therapy
- Cognitive Restructuring Techniques in Cognitive Behavioral Therapy
- Exposure Techniques in Cognitive Behavioral Therapy
- Psychoeducation and Motivational Enhancement Techniques in Cognitive Behavioral Therapy
- Social Problem-Solving Techniques in Cognitive Behavioral Therapy

PsychologyEducation.net

- Cognitive Restructuring Techniques in Cognitive Behavioral Therapy

Peer-Reviewed National and International Research Conference Presentations

1. Cuccurullo, L. J., Spokas, M., Wenzel, A., Brown G. K., & Beck, A. T. (2014, November). *Prevalence of Complex PTSD within a Psychiatric Population with Suicidal Ideation*. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
2. Domlyn, A. M., Jager-Hyman, S., Brown, G. K., Beck, A. T., & Wenzel, A. (2014, November). Impulsivity and suicide among single, multiple, and non-attempters. Poster presented at the Suicide and Self-Injury Special Interest Group at the 48th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. Domlyn, A. M., Jager-Hyman, S., Brown, G. K., Beck, A. T., & Wenzel, A. (November 22, 2014) Impulsivity and suicide attempts: Is there a relationship? Paper presented to the Suicide and Self-Injury Special Interest Group DataBlitz at 48th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
4. Jager-Hyman, S., Cunningham, A., Wenzel, A., Mattei, S., Brown, G. K., & Beck, A. T. (2014, November) Cognitive distortions and suicide attempts. Poster presented at the 48th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
5. Adler, A., Jager-Hyman, S., Green, K., Brown, G., Beck, A. T., & Wenzel, A. (2014, April). *Initial validation of the Attentional Fixation Questionnaire for suicide attempts*. Poster presented at the 47th Annual Meeting of the American Association of Suicidology, Los Angeles, CA.
6. De Oliveira, I. R., Powell, V., Seixas, C., de Almeida, C., Grangeon, M. C., Caldas, M., Bonfirm, T., Castro, M., de-Almeida, A. G., Moraes, R., Wenzel, A., & Sudak, D. (2010, November). *Controlled study of the efficacy of the trial-based thought record (TBTR), a new cognitive therapy strategy to change core beliefs, in social phobia*. Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
7. De Almeida, C. P., Wenzel, A. E., Rodrigues, E., Ribeiro, M. P., Caldas, M. P., Powell, Quarantini, L. C. & de Oliveira, I. R. (2010, June). *Amygdalar volume in borderline personality disorder with and without comorbid posttraumatic stress disorder: A meta-analysis*. Poster presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.
8. Rodrigues, E., Wenzel, A. E., Ribeiro, M. P., Quarantini, L. C., Miranda-Scippa, A., de Sena, E. P., & de Oliveira, I. R. (2010, June). *Greater reduction of hippocampal volume in borderline personality disorder with (than without) comorbid posttraumatic stress disorder: A meta-analysis*. Poster presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.
9. Cunningham, A., Wenzel, A., McClure, K., Mattei, S., Brown, G. K., & Beck, A. T. (2009, November). *Cognitive distortions in individuals who attempted suicide and psychiatric controls*. Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
10. Cuccurullo, L., Stoudt, K., Spokas, M., Wenzel, A., Brown, G. K., & Beck, A. T. (2009, November). *Childhood sexual abuse history and impulsivity among suicidal individuals*.

- Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
11. Spokas, M., Wenzel, A., Brown, G. K., & Beck, A. T. (2009, November). *Characteristics of individuals making impulsive suicide attempts*. Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 12. Stoudt, K., Cuccurullo, L., Spokas, M., Wenzel, A., Cunningham, A., Brown, G. K., & Beck, A. T. (2009, November). *Hopelessness, religious commitment, and suicide attempt history*. Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 13. De Oliveira, I., Powell, V., Seixas, C., de Almeida, C., Grangeon, M. C., Caldas, M., Bonfirm, T., Castro, M., de Almeida, A. G., Moraes, R., Wenzel, A., & Sudak, D. (2009, May). *Controlled study of the efficacy of the Trial-Based Thought Record (TBTR), a new cognitive therapy strategy to change core beliefs in social phobia*. Poster presented at the 162nd Annual Meeting of the American Psychiatric Association, San Francisco, CA.
 14. Spokas, M., Wenzel, A., Brown, G. K., & Beck, A. T. (2008, November). *Recruiting suicidal patients from addiction treatment settings*. In S. S. Bhar (Chair), *Bringing Suicide Research to Community Settings: Recruitment and Participation Challenges*. Symposium presented at the 41st Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 15. Spokas, M., Wenzel, A., Stirman, S. W., Brown, G. K., & Beck, A. T. (2008, November). *History of childhood sexual abuse predicts suicidal ideation and history of multiple suicide attempts among recent suicide attempters*. Poster presented at the 41st Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 16. Wenzel, A. (2007, November). *Cognitive therapy: Models and processes of change*. In J. L. Boulanger (Chair), *Models and Processes of Change in Psychotherapy: An Overview*. Symposium presented at the 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 17. Wenzel, A. (2007, November). *Postpartum obsessions and compulsions: Distinguishing normal from abnormal*. In S. Woody (Chair), *Obsessions and Anxiety in the Postpartum Period*. Symposium presented at the 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 18. Friedman-Wheeler, D. G., Schmid, S. P., Wenzel, A., Brown, G. K., & Beck, A. T. (2007, August). *Cognitive therapy for suicide prevention in individuals with substance use problems*. Paper presented at the 115th Annual meeting of the American Psychological Association, San Francisco, CA.
 19. Ghahramanlou-Holloway, M., Lou, K., Wenzel, A., & Beck, A. T. (2005, November). *Differentiating cognitive content between depressed and anxious outpatients*. Poster presented at the 38th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
 20. Levy-Mack, H. J., Jeglic, E. L., Wenzel, A., Brown, G. K., & Beck, A. T. (2005, August). *Effects of treatment attitude on therapy outcome in borderline patients*. Poster presented at the 113th Annual Meeting of the American Psychological Association, Washington, DC.

21. Wenzel, A. (2005, March). *Anxiety disorders at eight weeks postpartum: Prevalence, predictors, and interpersonal consequences*. Paper presented at the 25th Annual Meeting of the Anxiety Disorders Association of America, Seattle, WA.
22. Emerson, T., & Wenzel, A. (2004, November). *The effects of social anxiety on partner selection and sexual behavior*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
23. Haugen, E. N., Ferraro, F. R., & Wenzel, A. (2004, November). *Prevalence and characteristics of anxiety and depression in older and younger adults*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
24. Jordan, J., & Wenzel, A. (2004, November). *Autobiographical memory in angry and anxious individuals*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
25. Kashdan, T. B., & Wenzel, A. (2004, November). *A transactional approach to social anxiety and the genesis of interpersonal closeness*. Poster presented at the Anxiety Special Interest Group poster session of the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
26. Kerr, P., Wenzel, A., Finstrom, N., Jordan, J., & Lystad, C. (2004, November). *A reconsideration of script content for social and evaluative situations in socially anxious and nonanxious individuals*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
27. Langton, A., Jordan, J., & Wenzel, A. (2004, November). *A naturalistic observation of anger attributions in angry, anxious, and healthy individuals*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
28. Lystad, C., Lura, G., & Wenzel, A. (2004, November). *Interpretation biases associated with ambiguity: An American-Norwegian comparison*. Poster presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
29. Wenzel, A., Brown, G. K., Steer, R. A., Henriques, G. R., & Beck, A. T. (2004, October). *The internal struggle between the wish to die and the wish to live: A risk factor for suicide*. Poster presented at the 19th Annual Meeting of the Society for Research in Psychopathology, St. Louis, MO.
30. Finstrom, N., Brendle, J. R., & Wenzel, A. (2003, November). *Cognitive biases for visual representations of threat in socially anxious and nonanxious individuals*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
31. Brendle, J. R., Kerr, P., Purath, D., & Wenzel, A. (2003, November). *Development of a quantitative tool to assess schema content in social anxiety disorder*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
32. Haugen, E. N., Brendle, J. R., Schmutzer, P. A., & Wenzel, A. (2003, November). *Psychopathology and its relation to sexual functioning in women during the first eight*

- weeks postpartum*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
33. Haugen, E. N., Jackson, L. C., Brendle, J. R., Schmutzer, P. A., & Wenzel, A. (2003, November). *Psychopathology in women at eight-weeks postpartum*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
 34. Jackson, L. C., Schmutzer, P. A., & Wenzel, A. (2003, November). *CBT applicability with Native Americans*. Paper presented in the symposium Modifications for CBT to Native American and Alaskan Native Clients, Native American Special Interest Group Meeting, 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
 35. Jackson, L. C., Schmutzer, P. A., Wenzel, A., & Emerson, T. (2003, November). *Depressotypic cognitions in American Indians: Evidence for generalizability*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
 36. Lystad, C., Wenzel, A., & Ferraro, F. R. (2003, November). *Cognitive biases toward threat in angry and anxious individuals*. Poster presented at the 36th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
 37. Haugen, E. N., Goyette, M., & Wenzel, A. (2003, June). *Social support, anxiety, and depression during the postpartum period*. Paper presented at the Compassionate Love Conference, Bloomington-Normal, IL.
 38. Brendle, J. R., Finstrom, N., Olson, L., & Wenzel, A. (2002, November). *Differentiating between memory and interpretation biases in socially anxious and nonanxious individuals*. Poster presented at Anxiety Special Interest Group poster session of the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 39. Brendle, J. R., Wenzel, A., & Blodgett, R. (2002, November). *Negative self-statements as a mediator between math anxiety and math performance*. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 40. Haugen, E. N., Jackson, L. C., Brendle, J. R., Schmutzer, P. A., & Wenzel, A. (2002, November). *A comparison of anxiety and depressive symptoms in postpartum and non-postpartum women*. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 41. Haugen, E. N., Schmutzer, P. A., & Wenzel, A. (2002, November). *Recall of schematic and non-schematic material related to threat in socially anxious and nonanxious individuals*. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 42. Jackson, L. C., Schmutzer, P. A., & Wenzel, A. (2002, November). *Construction and validation of the Cognitive Behavior Therapy Applicability Scale (CBT-AS)*. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 43. Schmutzer, P. A., Brendle, J. R., Haugen, E. N., Jackson, L. C., & Wenzel, A. (2002, November). *A longitudinal analysis of social anxiety in postpartum women*. Poster

- presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
44. Wenzel, A., Pinna, K., & Rubin, D. C. (2002, November). *Properties of anxiety-related memories: Evidence to explain disparate findings*. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
 45. Brendle, J. R., Haugen, E. N., Schmutzer, P. A., Jackson, L. C., & Wenzel, A. (2002, July). *Social anxiety in postpartum women: Correlates with well being and interpersonal relationships*. Poster presented at the 11th International Conference on Personal Relationships, Halifax, NS.
 46. Graff-Dolezal, J., Macho, M., Lystad, C., Moen, C., & Wenzel, A. (2002, July). *Communication and affect expressed in close relationships: A comparison of socially anxious and nonanxious individuals*. Poster presented at the 11th International Conference on Personal Relationships, Halifax, NS.
 47. Haugen, E. N., & Wenzel, A. (2002, July). *Close relationships in social phobia and panic disorder*. Poster presented at the 11th International Conference on Personal Relationships, Halifax, NS.
 48. Wenzel, A., & Haugen, E. N. (2002, July). *Psychopathology in the postpartum period and its relation to sexuality and the partner relationship*. Paper presented at the 11th International Conference on Personal Relationships, Halifax, NS.
 49. Brendle, J. R., Jostad, C. M., Wenzel, A., & Ferraro, F. R. (2001, November). *A new paradigm to study memory biases in anxiety*. Poster presented at Anxiety Special Interest Group poster session of the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
 50. Jackson, L. C., Brendle, J. R., & Wenzel, A. (2001, November). *Autobiographical memory in individuals with specific fears*. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
 51. Wenzel, A. (2001, March). *Characteristics of close relationships in individuals with social phobia: A preliminary comparison with nonanxious individuals*. Poster presented at the 22nd Annual Meeting of the Anxiety Disorders Association of America, Atlanta, GA.
 52. Wenzel, A. (2000, November). *The influence of maladaptive schema content on information processing in anxiety disorders*. Poster presented at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
 53. Wenzel, A. (1999, November). *A meta-analysis of interventions for social phobia and social anxiety*. Poster presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, ON. [Winner of the Elsie Ramos Student Research Award]
 54. Wenzel, A., Golden, S. B., & Coonrad, D. (1999, November). *Schema content for harmful situations occurring to the self and others: A comparison of fearful and nonfearful individuals*. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, ON.
 55. Wenzel, A., Statler-Cowen, T, Patton, G. K., & Holt, C. S. (1999, March). *A comprehensive meta-analysis of psychological and pharmacological interventions for social phobia and social anxiety*. Paper presented at the 20th Annual Meeting of the Anxiety Disorders Association of America, San Diego, CA.

56. Rubin, D. C., Hinton, S. E., & Wenzel, A. (1998, November). *Measuring the precise time course of retention*. Paper presented at the 39th Annual Meeting of the Psychonomic Society, Dallas, TX.
57. Wenzel, A., Holt, C. S., Harlan, E., & Ferris, C. (1998, November). *An analysis of the expected schema content of individuals with social phobia and depression*. Poster presented at the 32nd Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
58. Wenzel, A., Gorman, L., Weber, A., & O'Hara, M. W. (1998, June). *A preliminary investigation into the relationship between depression and anxiety in the postpartum period*. Paper presented at the Biennial Meeting of the Marcé Society, Iowa City, IA.
59. Wenzel, A., & Holt, C. S. (1998, March). *Assessment of schema content in anxious patients: Theoretical and clinical implications*. Paper presented at the 19th Annual Meeting of the Anxiety Disorders Association of America, Boston, MA.
60. Holt, C. S., & Wenzel, A. (1997, November). *Toward a protocol for prototypical scripting in anxiety treatment*. Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
61. Wenzel, A., & Holt, C. S. (1997, November). *Development of the Multidimensional Blood/Injury Phobia Inventory: Evidence for a unitary construct*. Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
62. Wenzel, A., & Holt, C. S. (1997, November). *A preliminary investigation of attentional biases toward threatening stimuli in spider versus blood/injury phobics*. Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
63. Wenzel, A., & Holt, C. S. (1997, August). *Schema content in social phobia: Normal or maladaptive?* Poster presented at the 104th Meeting of the American Psychological Association, Division 12, Chicago, IL.
64. Wenzel, A., & Holt, C. S. (1997, March). *Memory biases against processing threatening material in social phobia: Avoidance of elaborate processing*. Paper presented at the 17th Annual Meeting of the Anxiety Disorders Association of America, New Orleans, LA.
65. Wenzel, A., & Holt, C. S. (1997, March). *Schema content and emotional interpretation of social and evaluative situations in socially anxious individuals*. Poster presented at the 17th Annual Meeting of the Anxiety Disorders Association of America, New Orleans, LA.
66. Wenzel, A., & Holt, C. S. (1996, November). *Schema content for social situations: Socially anxious individuals have prototypic knowledge despite self-reported fear*. Poster presented at the 30th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY. [Winner of the Elsie Ramos Student Research Award]
67. Wenzel, A., Holt, C. S., Moses, B., & Vittengl, J. R. (1996, November). *Autobiographical memory in social phobia: Avoidance of emotional description?* Poster presented at the 30th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
68. Wenzel, A., Holt, C. S., Vittengl, J. R., Moses, B., & Barth, T. (1996, November). *Patterns of information processing in social phobia: Comparable performance with community*

- controls after presenting an impromptu speech.* Poster presented at the 30th Annual Meeting of Association for the Advancement of Behavior Therapy, New York, NY.
69. Wenzel, A., & Holt, C. S. (1996, March). *Schema content of socially anxious participants in standard and activation conditions: A work in progress.* Poster presented at the 16th Annual Meeting of the Anxiety Disorders Association of America, Orlando, FL.
70. Wenzel, A., Vittengl, J. R., & Holt, C. S. (1996, March). *Standard neuropsychological analogs of information processing stages in socially anxious and nonanxious undergraduates following speaking aloud.* Paper presented at the 16th Annual Meeting of the Anxiety Disorders Association of America, Orlando, FL.
71. Vittengl, J. R., Holt, C. S., & Wenzel, A. (1996, March). *Naturalistic report of distress in social anxiety.* Poster presented at the 16th Annual Meeting of the Anxiety Disorders Association of America, Orlando, FL.
72. Vittengl, J. R., Wenzel, A. E., & Holt, C. S. (1995, November). *Standard and diary report of social contacts, stress, mood, and discomfort in undergraduates with and without social anxiety.* Paper presented at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
73. Vittengl, J. R., Holt, C. S., & Wenzel, A. E. (1995, October). *Standard and diary report of social contacts, stress, mood, and discomfort in undergraduates with and without social anxiety.* Poster presented at the Tenth Annual Meeting of the Society for Research in Psychopathology, Iowa City, IA.
74. Wenzel, A. E., Vittengl, J. R., & Holt, C. S. (1995, October). *Standard neuropsychological analogs of information processing stages in socially anxious and nonanxious undergraduates following speaking aloud.* Poster presented at the Tenth Annual Meeting of the Society for Research in Psychopathology, Iowa City, IA.
75. Vittengl, J. R., Holt, C. S., & Wenzel, A. E. (1995, March). *Standard and diary report of social contacts, stress, mood, and discomfort in undergraduates with and without social anxiety.* Poster presented at the 43rd Annual Nebraska Symposium on Motivation, Lincoln, NE.
76. Rubin, D. C., & Wenzel, A. E. (1994, November). *100 years of forgetting: A quantitative description of forgetting.* Paper presented at the 35th Annual Meeting of the Psychonomic Society, St. Louis, MO.

Featured Guest in Roundtable Discussions

- Meet the Authors, The Practice Institute (July 2011)

VIDEO DEMONSTRATIONS

- American Psychological Association (Producer) (2015). *Cognitive behavioral therapy over time.* Washington, DC: Producer.
- American Psychological Association (Producer) (2015). *Psychological assessment and cognitive case conceptualization* [DVD]. Washington, DC: Producer.
- American Psychological Association (Producer) (2015). *Session structure and behavioral strategies* [DVD]. Washington, DC: Producer.

- American Psychological Association (Producer) (2015). *Problem solving* [DVD]. Washington, DC: Producer.
- American Psychological Association (Producer) (2015). *Cognitive restructuring of automatic thoughts* [DVD]. Washington, DC: Producer.
- American Psychological Association (Producer) (2015). *Core belief work and acceptance* [DVD]. Washington, DC: Producer.
- American Psychological Association (Producer) (2015). *Relapse prevention and ending treatment* [DVD]. Washington, DC: Producer.
- American Psychological Association (Producer) (2014). *Cognitive behavioral therapy for social anxiety* [DVD]. Washington, DC: Producer.

MEDIA

Quotations in Print Articles

- The Atlantic
(<http://www.theatlantic.com/health/archive/2016/06/tokophobia/489206/> July 2016;
Topic: Tokophobia)
- Ski Magazine (February 2012; Topic: Close Relationships)
- BabyTalk Magazine (May 2010; Topic: Postpartum Anxiety)
- Cookie Magazine (September 2009; Topic: Postpartum Anxiety)

Syndicated Articles

- Miss Millenia Magazine (1.19.15; <http://missmillmag.com/relationships/10-things-need-know-get-married/>)
- PsychCentral (12.1.13; <http://psychcentral.com/blog/archives/2013/12/01/pregnancy-loss-infertility-impact-on-your-marriage/>)
- Elizabeth Street (12.1.13; <http://www.elizabethstreet.com/living/effects-of-infertility>)
- Sesame Credit (11.19.13; <http://www.creditsesame.com/blog/how-to-talk-about-money-with-your-partner/>)
- Huffington Post (11.4.13; <http://www.huffingtonpost.com/2013/11/04/marriage-finances- n 4179498.html>).
- FitPregnancy (10.24.13; <http://www.fitpregnancy.com/pregnancy/getting-pregnant/have-celebrities-warped-our-beliefs-about-getting-pregnant>)
- eHarmony (10.30.13; <http://www.eharmony.com/blog/2013/10/23/how-to-prevent-a-split-over-money-matters/#.UnE9nfkqh8F>)

Featured Expert

- www.yourtango.com (2013-2015)
- www.psychwire.com (2021-Present)

Internet Articles and Blog Posts

<http://www.yourtango.com>

- The Devastating Effects of Infertility and Loss on Marriages (posted 11.21.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/effects-infertility-and-pregnancy-loss-marriages>)
- Joint Bank Accounts: Do They Make for Marital Bliss? (posted 11.18.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/joint-bank-accounts-do-they-make-marriage-bliss>)
- Loving Someone with Social Anxiety (posted 10.22.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/loving-someone-social-anxiety>)
- How to Discuss Finances With Your Partner Without Freaking Out (posted 10.21.2013; <http://www.yourtango.com/2013196697/couples-counselor>)
- Fertility Treatment: When Enough is Enough (posted 10.15.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/fertility-treatment-stop-or-not-stop>)
- Help! My Partner Doesn't Want to Have Kids (posted 9.25.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/help-my-partner-doesnt-want-have-kids>)
- Celebrity Culture and the Myth of Fertility (posted 9.11.2013; <http://www.yourtango.com/experts/dr-amy-wenzel/celebrity-culture-myth-fertility>)
- Supporting Your Spouse Through Depression (posted 9.9.2013; <http://www.yourtango.com/2013192193/supporting-your-spouse-through-depression>)

<http://dramywenzel.com/blog>

- Strategy – The Heart of CBT (posted 10.17.2013)
- Maintaining Gains in CBT (posted 4.9.2012)
- Success Logs (posted 4.2.2012)
- Welcome to my Blog (posted 6.20.2010)

Radio

- Open to Hope Radio (July 30, 2015; Topic: Infertility and Pregnancy Loss)

CLINICAL TRAINING AND SUPERVISION

2015-2018: Star House, Ohio State University, Columbus, OH (Cognitive Behavioral Therapy for Suicidal Patients; 2 supervisees in total)

2012-Present: Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA (Cognitive Behavioral Therapy; 21 supervisees in total)

2012-Present: Wenzel Consulting, LLC (Cognitive Behavioral Therapy; 4 supervisees in total)

2011: Center for Psychotherapy Research, University of Pennsylvania School of Medicine (Cognitive Behavioral Therapy for Depression in Community Mental Health Settings; 4 supervisees in total)

- 2008-2012: Veterans Affairs Medical Center Cognitive Behavioral Therapy-Depression Evidence Based Roll-Out (133 supervisees in total)
- 2008-2010: The Center (Cognitive Behavioral Therapy; 1 supervisee in total)
- 2007-2008: Parkside Recovery, Philadelphia, PA (Cognitive Behavioral Therapy for Suicidal Patients with Addictions; 6 supervisees in total)
- 2007-2008: Sobriety Through OutPatient, Inc., Philadelphia, PA (Cognitive Behavioral Therapy Addictions Groups; 4 supervisees in total)
- 2005-2007: Sobriety Through OutPatient, Inc., Philadelphia, PA (Cognitive Behavioral Therapy for Suicidal Patients; 4 supervisees in total)
- 2002-2003: Department of Psychology, University of North Dakota Grand Forks, ND (Cognitive Behavioral Therapy for Depressive and Anxiety Disorders in Caucasian and Native American Individuals; 4 supervisees in total)
- 2000-2003: Department of Psychology, University of North Dakota Grand Forks, ND (Evidence-Based Psychotherapies; 8 supervisees in total)

TEACHING AND STUDENT SUPERVISION

Undergraduate Courses

- Cognitive and Behavioral Approaches to Psychotherapy* (University of Pennsylvania; 2005)
- Abnormal Psychology* (University of North Dakota and American College of Norway; 2000-2004)
- Individual Projects* (University of North Dakota and American College of Norway; 2000-2004)
- Introduction to Clinical Psychology* (University of North Dakota; 2000-2002)
- Introduction to Psychology* (University of North Dakota and American College of Norway; 2001, 2003)
- Senior Seminar* (University of North Dakota; 2001, 2002)

Graduate Courses

- Advanced Therapeutic Interventions* (University of North Dakota; 2004)
- Clinical Practice* (University of North Dakota; 2000-2003)

Supervised Theses and Student Committee Work

Dissertations

- Jennifer R. Brendle, *Validation of a Quantitative Tool to Assess Schema Content in Socially Anxious Individuals* (2004; Co-supervised with Dr. F. Richard Ferraro)
- Lydia C. Jackson, *A Cross-Cultural Comparison of Depressotypic Cognitions and Suitability for Cognitive Behavioral Therapy* (2003; Co-supervised with Dr. John Tyler)

Masters Theses

- Erin N. Haugen, *Postpartum Psychopathology and Social Support* (2003)
- Jennifer R. Brendle, *Differentiating Between Interpretation and Memory Biases Toward Threat in Socially Anxious Individuals* (2002)

Honors Theses

- Tracy Emerson, *Social Anxiety, Sexuality, and Partner Preferences* (2004; Winner of UND Best Honors Oral Presentation)
- Jennifer Jordan, *Autobiographical Memory in Angry and Anxious Individuals* (2004)
- Nicholas Finstrom, *Memory and Interpretation Biases Toward Visual Representations of Threatening Stimuli* (2003; Winner of UND Best Honors Poster Presentation)
- Chad Lystad, *A Cognitive Model to Differentiate Biases in Anxious and Angry Individuals* (2003)
- Carissa Adams, *Memory for Schematic and Non-Schematic Information for Threat in Blood Fearful and Nonfearful Individuals* (2002)
- Jennie Graff-Dolezal, *Relationship Communication Skills in Socially Anxious and Nonanxious Individuals* (2002; Winner of UND Best Honors Oral Presentation)
- Candice Jostad, *False Memories for Threat in Socially Anxious and Nonanxious Individuals* (2002)
- Donna Purath, *Development of a Q-Sort Tool to Assess Schema Content in Socially Anxious Individuals* (2002; Winner of UND Best Honors Poster Presentation)
- Kimberlee Zetocha, *The Effects of Levels of Processing on the Recall of Threatening Information in Fearful and Nonfearful Individuals* (2002)
- Erin N. Haugen, *Memory for Schematic and Non-Schematic Information for Threat in Socially Anxious and Nonanxious Individuals* (2001)
- Cassandra Cochran, *Affective Autobiographical Memory Biases in Panic Disorder and Social Phobia* (1999; Co-supervised with Dr. Craig Holt)
- Megan Werner, *Autobiographical Memory Retrieval in Socially Anxious and Nonanxious Individuals* (1998; Co-supervised with Dr. Craig Holt)
- Tara Barth, *Thought Suppression In Spider Fearful and Nonfearful Individuals* (1997; Co-supervised with Dr. Craig Holt)

Student Committee Service

- Joni Kraft (Honors Thesis, with Dr. F. Richard Ferraro), University of North Dakota
- Joel Deloy (M.A., with Dr. Nancy Vogeltanz-Holm), University of North Dakota
- Robyn Drach (M.A., with Drs. Jeffrey Holm & Nancy Vogeltanz-Holm), University of North Dakota
- Jason McCray (Ph.D., with Dr. Alan King), University of North Dakota
- Amy Cunningham (Psy.D., with Dr. Kelly McClure), LaSalle University (outside committee member)

Teaching Awards

- Who's Who Among America's Teachers (2002, 2004)

EDITORIAL WORK

Journal Editorial Boards

- BMC Psychology* (Associate Editor; 2012-2013)
- Cognitive Behaviour Therapy* (2022-Present)
- Cognitive and Behavioral Practice* (2019-Present)

International Journal of Cognitive Therapy (2007-2010)
Journal of General Psychology (2002-2005)
Journal of Loss & Trauma (2009-Present)
Journal of Rational Emotive and Cognitive Behavior Therapy (2020-Present)

Ad-Hoc Manuscript Reviewing

Anxiety, Stress, and Coping: An International Journal
Archives of Suicide Research
Archives of Women's Mental Health
Behaviour Research and Therapy
Behavioural and Cognitive Psychotherapy
Child Abuse and Neglect
Cognition and Emotion
Cognitive and Behavioral Practice
Cognitive Behaviour Therapy
Cognitive Therapy and Research
Community Mental Health Journal
Depression and Anxiety
Development and Psychopathology
Drug and Alcohol Dependence
International Journal of Neuropsychopharmacology
International Journal of Obstetrics and Gynecology
Journal of Abnormal Psychology
Journal of Affective Disorders
Journal of Anxiety Disorders
Journal of Behavior Therapy and Experimental Psychiatry
Journal of Consulting and Clinical Psychology
Journal of Family Psychology
Journal of Loss and Trauma
Journal of Obsessive Compulsive and Related Disorders
Journal of Police and Criminal Psychology
Journal of Psychiatric Research
Journal of Sex Research
Journal of Social and Clinical Psychology
Journal of Social and Personal Relationships
Memory and Cognition
Personal Relationships
Personality and Individual Differences
Pharmacoepidemiology and Drug Safety
Psychiatry Research
Psychological Bulletin

Grant Reviewing

American Foundation for Suicide Prevention

Hunter College SCORE Program
NIMH Intramural Research Program, Ad Hoc Reviewer for Interventions Committee for Adult Disorders
US – Israel Binational Science Foundation

Book Proposal Reviewing

APA Books
APA Books (LifeTools Division)
Guilford Press
Oxford University Press
Routledge

Book and Textbook Reviewing

APA Books
Guilford Press
Thomson Wadsworth

Field Reviewing

The CDM Group, Inc. Treatment Improvement Protocol: *Addressing Suicidal Thoughts and Behaviors with Clients in Substance Abuse Treatment.*

Video Reviewing

SAGE Publications

SERVICE

National Service

American Foundation for Suicide Prevention
Scientific Advisory Board (2007-2015)
Association for Behavioral and Cognitive Therapies
Anxiety Disorders Special Interest Group Web Site Editor (2001-2003)
Local Arrangements Chairperson, Convention Planning Committee Member (2006-2007)
Professional Issues Chairperson (2007-2010)
Program Committee (2007-2012)

Institutional and Departmental Service (University of North Dakota)

Bush General Education Longitudinal Study (2000-2004)
Colloquium Committee (2000-2002; Chairperson, 2001-2002)
Psi Chi Advisor (2000-2002)
Reviewer, Science Bound Program, ND EPSCOR (2001)
Department of Psychology Graduate Admissions (2001, 2002)
Reviewer, Department of Psychology Student Awards (2002)

Community Service

Liberty Center for Survivors of Torture, Philadelphia, PA
Advisory Board (2004-2009)